

Alabama Board of Examiners in Counseling
Chapter 255-X-2
Definitions and Clarification Of Terms

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255-X-2-.01 **Practice Of Counseling.**

(1) Unless specifically exempt by Code of Ala. 1975, §34-8A-3, no person shall engage in the private practice of counseling in the state of Alabama without a valid license issued through due process by the Alabama Board of Examiners in Counseling.

(2) The private practice of counseling shall mean rendering or offering to render to individuals, groups, organizations, or the general public counseling services in settings of individual or group practice, for a fee, salary, or other compensation, involving the application of principles, methods or procedures of the counseling profession which include, but are not restricted to:

(a) **COUNSELING.** To render evaluation and therapy that includes, but is not limited to, providing individual counseling, family counseling, marital counseling, group therapy, school counseling, play therapy, rehabilitation counseling, art therapy, human growth and development counseling, couples counseling, chemical abuse or dependency counseling, career counseling, and vocational disability counseling. The use of specific methods, techniques, or modalities within the practice of a Licensed Professional Counselor is restricted to counselors appropriately trained in the use of these methods, techniques, or modalities. A licensed professional counselor or associate licensed counselor may diagnose and develop treatment plans but shall not attempt to diagnose, prescribe for, treat, or advise a client with reference to problems or complaints falling outside the boundaries of counseling services.

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(b) APPRAISAL ACTIVITIES. Selecting, administering, scoring and interpreting instruments designed to assess an individual's aptitudes, attitudes, abilities, achievements, interests and personal characteristics, but shall not include the use of projective techniques in the assessment of personality.

(c) COUNSELING, GUIDANCE AND PERSONNEL CONSULTING. Interpreting or reporting upon scientific fact or theory in counseling, guidance and personnel services to provide assistance in solving some current or potential problems of individuals, groups, or organizations.

(d) REFERRAL ACTIVITIES. The evaluating of data to identify problems and to determine advisability of referral to other specialists.

(e) RESEARCH ACTIVITIES. The designing, conducting and interpreting of research with human subjects.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-1 *et seq.*

History: Filed September 30, 1982. **Amended:** Filed September 22, 2000; effective October 27, 2000. **Amended:** Filed November 9, 2006; effective December 14, 2006. **Amended:** Filed September 28, 2009; effective November 2, 2009.

255-X-2-.02 Licensed Professional Counselor. Any person who represents to the public by any title or description of services incorporating the words "licensed professional counselor" or "licensed counselor"; and who offers to render professional counseling services in private practice to individuals, groups, organizations, corporations, institutions, government agencies or the general public in settings of individual or group practice for a fee, salary, or other compensation, implying licensure and training, experience or expertise in counseling, and who holds a current, valid license to engage in the private practice of counseling, with the exception of those practitioners listed in Code of Ala. 1975, §34-8A-3.

Author:

Statutory Authority: Code of Ala. 1975, §34-8A-2(1)

History: Filed September 30, 1982. **Amended:** Filed November 9, 2006; effective December 14, 2006.

255-X-2-.03 Associate Licensed Counselor. Any person who meets the qualifications set forth in Code of Ala. 1975, §34-8A-8, and who has been licensed to offer counseling services while under the supervision of a Board approved supervisor.

Author:

Statutory Authority: Code of Ala. 1975, §§34-8A-2(2).

History: Filed September 30, 1982; **Amended:** Filed September 22, 2000; effective October 27, 2000.

255-X-2-.04 Board Approved Supervision. This phrase shall mean supervision of an Associate Licensed Counselor by a Licensed Professional Counselor who meets the supervision criteria set out in section 255-X-3-.03 or 255-X-3-.05 and whose name appears on the ALC's license.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-8.

History: Filed September 30, 1982. **Amended:** March 30, 1993; effective May 4, 1993.

Amended: Filed November 26, 1996; effective December 31, 1996; **Amended:** Filed September 22, 2000; effective October 27, 2000.

Supp., Sept. 2010

255-X-2-.05 Supervising Counselor. Supervising counselors shall be Licensed Professional Counselors and shall have adequate training, knowledge and skill to render competent clinical supervision. Supervising counselors shall meet the supervision criteria set out in section 255-X-3-.03

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-7.

History: Filed September 30, 1982. **Amended:** March 30, 1993; effective May 4, 1993.

Amended: Filed November 26, 1996; effective December 31, 1996.

255-X-2-.06 Privileged Communication. This phrase shall mean any communication between client and counselor, given in confidence and not intended to be disclosed to third persons other than those to whom disclosure is made in the furtherance of the rendition of professional services to the client. The confidential relations and communications between the licensed professional counselor or associate licensed counselor and the client are placed on the same basis as those provided by law between attorney and client, and nothing in Code of Ala. 1975, §§34-8A-1, et seq., shall be construed to require any such privileged communication to be disclosed.

Author:

Statutory Authority: Code of Ala. 1975, §34-8A-21.

History: Filed September 30, 1982; **Amended:** Filed September 22, 2000; effective October 27, 2000.

255-X-2-.07 (Repealed)

255-X-2-.08 (Repealed)

255-X-2-.09 Good Moral Character. This phrase shall mean any individual who is highly regarded in personal character and professional ethics.

Author:

Statutory Authority: Code of Ala. 1975, §34-8A-7

History: Filed September 30, 1982

255-X-2-.10 Supervised Experience in Professional Counseling. This phrase shall mean counseling activities which are not part of a practicum, internship or any other academic course work necessary to meet the requirements of 255-X-3-.01(2)(b)1-11. These activities must be supervised by a Supervising Counselor who assumes responsibility for services rendered by the Associate Licensed Counselor.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-7.

History: Filed September 30, 1982. **Amended:** March 30, 1993. **Amended:** Filed November 26, 1996; effective December 31, 1996. **Amended:** Filed September 22, 2000; effective October 27, 2000. **Amended:** Filed May 17, 2001; effective June 21, 2001. **Amended:** Filed November 9, 2006; effective December 14, 2006.

255-X-2-.11 Relevant Professional Or Continued Educational Experience. This phrase shall mean documented training, workshops, institutes, seminars, etc., primarily counseling in content, as set forth in 255-X-7-.03(f)2.

Author:

Statutory Authority: Code of Ala. 1975, §§34-8A-1 et seq.

History: Filed September 30, 1982. **Amended:** Filed March 30, 1993.

255-X-2-.12 Supervising Associate. Supervising Associates shall be Licensed Professional Counselors and shall render clinical supervision, under the supervision of a Supervising Counselor, for Associate Licensed Counselors. Supervising Associates shall meet the criteria set out in section 255-X-3-.05.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-7.

History: Filed September 22, 1997; effective October 27, 1997. **Amended:** Filed September 22, 2000; effective October 27, 2000.

255-X-2-.13 Indirect Counseling Service. Activities concerning client care that do not qualify as direct service. In general, the term is used to refer to time spent in management, administration, or other aspects of counseling service ancillary to direct service.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-8.

History: **New Rule:** Filed May 30, 2003; effective July 4, 2003.

255-X-2-.14 Direct Counseling Service. Interaction with clients that includes the application of counseling, consultation, or human development skills. In general, the term is used to refer to time spent interacting with clients.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-8

History: **New Rule:** Filed May 30, 2003; effective July 4, 2003.

255-X-2-.15 Provisional License. A one-year, temporary licensure status equal to that of a licensed professional counselor or associate licensed counselor with specified stipulations for establishing substantial equivalency according to subdivision (4) of Section 34-8A-7 and Chapter 255-X-3-.01(2)(a) and 255-X-3-.01(2)(b)1-11.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-15.

History: **New Rule:** Filed November 9, 2006; effective December 14, 2006.

255-X-2-.16 Contact Clock Hour. The number of actual clock hours spent in direct participation between learner and instructor or facilitator.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-5

History: **New Rule:** September 7, 2010

255-X-2-.17 Continuing Education Unit. Typically, one (1) continuing education unit (ceu) is equivalent to ten (10) clock hours.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-5

History: New Rule: September 7, 2010

255-X-2-.18 Relevant Professional and Continuing Educational Experience. A professional program, seminar, workshop, or formal graduate course work in a regionally accredited institution, consisting of at least one (1) contact hour focused on increasing knowledge and use of skills in the private practice of counseling in one or more of the following areas: counseling theory and practice, human growth and development, social and multicultural foundations, helping relationships, group dynamics, lifestyle and career development, appraisal of individuals, research and evaluation, or professional orientation.

Author: Alabama Board of Examiners in Counseling

Statutory Authority: Code of Ala. 1975, §34-8A-5

History: New Rule: September 7, 2010

