

APA-1

TRANSMITTAL SHEET FOR NOTICE OF INTENDED ACTION

Control: 255
Department or Agency: Alabama Board of Examiners in Counseling
Rule No.: Chapter 255-X-B
Rule Title: Other Supervision Guidelines
Intended Action: New

Would the absence of the proposed rule significantly harm or endanger the public health, welfare, or safety? Yes

Is there a reasonable relationship between the state's police power and the protection of the public health, safety, or welfare? Yes

Is there another, less restrictive method of regulation available that could adequately protect the public? No

Does the proposed rule have the effect of directly or indirectly increasing the costs of any goods or services involved? No

To what degree?: N/A

Is the increase in cost more harmful to the public than the harm that might result from the absence of the proposed rule? NA

Are all facets of the rule-making process designed solely for the purpose of, and so they have, as their primary effect, the protection of the public? Yes

Does the proposed action relate to or affect in any manner any litigation which the agency is a party to concerning the subject matter of the proposed rule? No

Does the proposed rule have an economic impact? No

If the proposed rule has an economic impact, the proposed rule is required to be accompanied by a fiscal note prepared in accordance with subsection (f) of Section 41-22-23, Code of Alabama 1975.

Certification of Authorized Official

I certify that the attached proposed rule has been proposed in full compliance with the requirements of Chapter 22, Title 41, Code of Alabama 1975, and that it conforms to all applicable filing requirements of the Administrative Procedure Division of the Legislative Services Agency.

Signature of certifying officer

Keith E. Warren
Keith E. Warren

Date

Tuesday, December 17, 2024

REC'D & FILED

DEC 17, 2024

LEGISLATIVE SVC AGENCY

ALABAMA BOARD OF EXAMINERS IN COUNSELING

NOTICE OF INTENDED ACTION

AGENCY NAME: Alabama Board of Examiners in Counseling

RULE NO. & TITLE: Chapter 255-X-B Other Supervision Guidelines

INTENDED ACTION: New

SUBSTANCE OF PROPOSED ACTION:

The Board Proposes to add guidelines for Other Supervision provided for in Chapters 255-X-1 through 255-X-11.

TIME, PLACE AND MANNER OF PRESENTING VIEWS:

Comments are to be submitted to Keith E. Warren, Executive Director, 2777 Zelda Road, Montgomery, Alabama 36106, or by email at keith@alstateboard.com.

FINAL DATE FOR COMMENT AND COMPLETION OF NOTICE:

Tuesday, February 4, 2025

CONTACT PERSON AT AGENCY:

Keith E. Warren  
Executive Director  
Alabama Board of Examiners in  
Counseling  
2777 Zelda Road  
Montgomery, Alabama 36106  
334-420-7229

*Keith E. Warren*

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Keith E. Warren

(Signature of officer authorized  
to promulgate and adopt  
rules or his or her deputy)

**ALABAMA BOARD OF EXAMINERS IN COUNSELING  
ADMINISTRATIVE CODE**

**CHAPTER 255-X-B  
OTHER SUPERVISION GUIDELINES**

**TABLE OF CONTENTS**

**255-X-B Appendix      Other Supervision Guidelines**

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**Other Supervision Guidelines**

This document is intended to offer interpretation and guidelines from ABEC to Supervising Counselors (LPC-S) and Associate Licensed Counselors (ALC) who seek clarification of "other" supervision specified in the Proposed Plan of Supervision (PPOS).

Basic Information:

Supervision of an ALC by an LPC-S must include a minimum of 100 hours annually (50 direct, one-to-one, face-to-face personal individual supervision, and 50 "Other" supervision hours).

At least 50 of the 100 hours must be direct one-to-one, face-to-face personal individual supervision with the LPC-S and the ALC physically located in the same room. However, 25 of these 50 direct individual supervision hours may be conducted virtually, provided the LPC-S has completed the appropriate tele-supervision training.

The "other" category of supervision is not intended to duplicate the characteristics or purpose of the one-to-one, face-to-face personal individual supervision.

Expectations for "Other" Supervision:

The LPC-S is to be physically or virtually present with the ALC during an "other supervision" activity.

"Other" supervision can simply be additional direct one-to-one, face-to-face personal individual supervision.

"Other" supervision may include LPC-S and ALC synchronous engagement via electronic means (i.e. telephone or virtual platforms such as Zoom or Teams).

"Other" supervision can be group supervision, led by the LPC-S, involving other ALCs devoted to oversight of their care with clients.

"Other" supervision can be individual or group supervision devoted to administrative tasks that involve client care or procedures specific to the practice setting.

"Other" supervision can be individual or group professional development or learning opportunities where both the ALC and LPC-S are physically or virtually present.

"Other" supervision can be discussions between the LPC-S and the ALC regarding assigned professional readings and materials.

**Author:** Board of Examiners In Counseling

**Statutory Authority:** 34-8A-5

**History: New Rule:** Published \_\_\_\_\_; effective \_\_\_\_\_.